DESCRIPTION	Crediting	Milk	Egg	Soy	Wheat	Fish	Shellfish	Tree Nuts	Peanut	Sesame
CACFP Meals			- 00							
KIDS IPM CACFP Beef Patty w/ Green Beans	2 M/MA, 1/2 Other Veg			х						
KIDS IPM CACFP Cheese Ravioli w/ Tomato Sauce, Mozzarella Cheese & Italian Vegetables	2 M/MA, 1.25 WGR Grain, 1/2 Other Veg, 1/4 R/O Veg	х	х	х	х					
KIDS IPM CACFP Breaded Chicken w/ BBQ Sauce & Mashed Sweet Potatoes	2 M/MA, 1 WGR Grain, 1/2 R/O Veg	х		х	х					
KIDS IPM CACFP Chicken Mole w/ Rice and Peas	2 M/MA, 1 WGR Grain, 1/2 Starchy Veg									
KIDS IPM CACFP Chicken Parmigiana w/ Green Beans	2.25 M/MA, 1 WGR Grain, 1/2 Veg, 1/4 R/O Veg	х		х	х					
KIDS IPM CACFP Chicken Strips w/ Honey Mustard Sauce Green Beans	2 M/MA, 1/2 Other Veg									
KIDS IPM CACFP Chicken w/ Caribbean Pineapple Sauce Brown Rice & Carrots	2 M/MA, 1 WGR Grain, 1/2 R/O Veg									
KIDS IPM CACFP Chicken Tenders with Corn	2 M/MA, 1 WGR Grain, 1/2 Starchy Veg			х	х					
KIDS IPM CACFP Chicken Vegetable Dumplings w/ Green Beans	1.5 M/MA, 1.5 WGR Grain, 1/2 Other Veg			х	х					х
KIDS IPM CACFP Chicken and Broccoli Alfredo with Penne	2 M/MA, 1 WGR Grain, 1/2 D/G Veg	х			х					
KIDS IPM CACFP Mac & Cheese with Broccoli	2 M/MA, 1 WGR Grain, 1/2 D/G Veg	х			х					
KIDS IPM CACFP Falafel Bites w/ Corn	2 M/MA, 1/2 Starchy Veg									
KIDS IPM CACFP Penne w/ Cheese & Italian Vegetables	2 M/MA, 1 WGR Grain, 1/2 Other Veg, 1/4 R/O Veg	х			х					
KIDS IPM CACFP Meatballs Tomato Sauce Pasta & Italian Vegetables	2 M/MA, 1 WGR Grain, 1/2 Other Veg, 1/4 R/O Veg	Х			Х					
KIDS IPM CACFP Meatballs w/ Swedish Sauce Noodles & Broccoli	1.5 M/MA, 1 WGR Grain, 1/2 D/G Veg	х			х					
KIDS IPM CACFP Meatballs w/ Tomato Sauce Italian Vegetables	2 M/MA, 1/2 Starchy Veg	х								
KIDS IPM CACFP Meatloaf w/ Brown Gravy & Mashed Potatoes	2 M/MA, 1/2 Starchy Veg	Х	х	х	Х					
KIDS IPM CACFP Beef Chili Vegetable Blend	2 M/MA, 1/2 Other Veg	х		Х						
KIDS IPM CACFP Penne with Meat Sauce and Blended Vegetables	2 M/MA, 1 WGR Grain, 1/2 Other Veg			Х	Х					
KIDS IPM CACFP Popcorn Chicken w/ Roasted Potatoes	2 M/MA, 1 WGR Grain, 1/2 Starchy Veg			х	Х					
KIDS IPM CACFP Salisbury Steak Roasted Potatoes	2 M/MA, 1/2 Starchy Veg	Х		х	Х					
KIDS IPM CACFP Spanish Rice and Beans w/ Plantains	2 M/MA, 1 WGR Grain, 1/2 Starchy Veg	Х								
KIDS IPM CACFP Turkey Fajita w/ Brown Rice & Corn	2 M/MA, 1 WGR Grain, 1/2 Starchy Veg									
KIDS IPM CACFP Turkey Chili Vegetable Blend	2 M/MA, 1/2 Other Veg	х		х						
K-8 NSLP Meals										
KIDS IPM ELE Beef Meatballs BBQ Sauce Broccoli	2 M/MA, 3/4 Cup DG Veg	х								
KIDS IPM ELE Beef Meatballs Tomato Sauce Broccoli	1.75 M/MA, 3/4 Cup DG Veg, 1/4 R/O	Х								
KIDS IPM ELE Beef Meatballs Tomato Sauce Spaghetti Broccoli	1.75 M/MA, 2 WGR Grain, 3/4 Cup DG Veg, 1/4 R/O	х			х					
KIDS IPM ELE Beef Meatballs Sweet & Sour Sauce Brown Rice Green Beans	2 M/MA, 2 WGR Grain, 3/4 Cup Other Veg,	Х	ļ							Ь——
KIDS IPM ELE Chicken & Vegetable Dumplings Mixed Vegetables	2 M/MA, 2 WGR Grain, 3/4 Cup Other Veg		ļ	Х	Х					Х
KIDS IPM ELE Chicken Tenders w/ Roasted Potatoes	2 M/MA, 1 WGR Grain, 3/4 Cup Starchy Veg			X	X					
KIDS IPM ELE Chicken Nuggets with Baked Beans	2 M/MA, 1 WGR Grain, 3/4 Cup Legume Veg			X	X					
KIDS IPM ELE Chicken Parmigiana w/ Pasta & Broccoli	2 M/MA, 2 WGR Grain, 3/4 Cup DG Veg, 1/4 R/O	X		х	X					
KIDS IPM ELE Chickpea Marinara w/ Cheese over Pasta	1.5 M/MA, 2 WGR Grain, 3/4 Cup Legume Veg, 1/4 R/O	х			X					
KIDS IPM ELE Edamame Noodle Bowl w/ Blended Vegetables KIDS IPM ELE Fajita Chicken Bowl w/ Brown Rice, Black Beans & Tomatoes	2 M/MA, 1.75 WGR Grain, 3/4 Cup Other Veg 2 M/MA, 1.5 WGR Grain, 1/2 Cup Legume Veg, 1/4 R/O	x		х	Х					х
KIDS IPM ELE Fajita Chicken Bowl W/ Brown Rice, Black Beans & Tomatoes KIDS IPM ELE Falafel Bites Quinoa Pilaf Black Beans & Tomatoes	2 M/MA, 1.5 WGR Grain, 1/2 Cup Legume Veg, 1/4 R/O	Х	1							
KIDS IPM ELE Palaiei bites Quinoa Pilai black Bearls & Tornatoes KIDS IPM ELE Chicken w/ BBQ Sauce, Brown Rice & Baked Beans	2 M/MA, 2 WGR Grain, 3/4 Cup Legume Veg									
KIDS IPM ELE CHICKET W/ BBQ Sauce, Brown Rice & Baked Beatis KIDS IPM ELE WG Fish Sticks with Roasted Potatoes	2 M/MA, 1.5 WGR Grain, 3/4 Cup Starchy Veg				х	х				
KIDS IPM ELE WG FISH Sticks With Roasted Potatoes KIDS IPM ELE General Tso's Chicken Nuggets w/ Brown Rice & Broccoli	2 M/MA, 2 WGR Grain, 3/4 Cup D/G Veg			×	X	X				
KIDS IPM ELE General 150'S Chicken Nuggets W/ Brown Rice & Broccoli KIDS IPM ELE Chicken w/ Caribbean Pineapple Sauce Brown Rice Green Beans	2 M/MA, 1.75 WGR Grain, 3/4 Cup Other Veg			^	_ ^					
KIDS IPM ELE CHICKET W/ Cambie an Fine apple Sauce of own Rice Green Beans KIDS IPM ELE Curry Lentil Stew w/ Brown Rice & Green Beans	2 M/MA, 2 WGR Grain, 3/4 Cup Other Veg									
KIDS IPM ELE Jerk Chicken/ Brown Rice & Black Beans	2 M/MA, 1.75 WGR Grain, 3/4 Cup Legume Veg				х					-
KIDS IPM ELE Lasagna Roll Up w/ Tomato Sauce & Green Beans	2 M/MA, 1 WGR Grain, 3/4 Cup Other Veg, 1/4 R/O	х			X					_
KIDS IPM ELE Latin Style Beans over Rice with Broccoli	2 M/MA, 2 WGR Grain, 3/4 Cup D/G Veg	x			_^_					_
KIDS IPM ELE Macaroni Cheese w/ Broccoli	1.5 M/MA, 1.75WGR Grain, 3/4 Cup D/G Veg	x			х					_
KIDS IPM ELE Meatloaf/ Gravy & Mashed Potatoes	2 M/MA, 3/4 Cup Starchy Veg	x	х	х	x					
KIDS IPM ELE Beef Chili Brown Rice Carrots	2 M/MA, 1.75 WGR Grain, 3/4 Cup R/O Veg	x		x						
KIDS IPM ELE Pasta Chicken Alfredo with Broccoli	2.5 M/MA, 1.75 WGR Grain, 3/4 Cup D/G Veg	X			х					
KIDS IPM ELE Pasta with Tomato Sauce & Cheese Broccoli	1.5 M/MA, 2 WGR Grain, 3/4 Cup D/G Veg, 1/4 R/O	x			x					
KIDS IPM ELE Protein Pasta Alfredo w/ Peas (meatless-legume based pasta)	2.75 M/MA, 3/4 Cup Starchy Veg	x			X		†			
KIDS IPM ELE Cheese Ravioli w/ Tomato Sauce & Green Beans	2 M/MA, 1.5 WGR Grain, 3/4 Cup Other Veg, 1/4 R/O	x	х	х	X					
KIDS IPM ELE Vegetarian Chili with Corn	2 M/MA, 3/4 Cup Starchy Veg	x								
KIDS IPM ELE Salisbury Steak w/ Gravy & Roasted Potatoes	2 M/MA, 3/4 Cup Starchy Veg	x		х	х					
KIDS IPM ELE Swedish Meatballs w/ Penne, Broccoli	2 M/MA, 1.75 WGR Grain, 3/4 Cup DG Veg	x			x					
KIDS IPM ELE Spanish Rice w/ Cheese & Kidney Beans	2 M/MA, 2 WGR Grain, 3/4 Cup Legume Veg	x								
KIDS IPM ELE Teriyaki Chicken w/ Brown Rice & Carrots	2 M/MA, 1.75 WGR Grain, 3/4 Cup R/O Veg			х	х					
KIDS IPM ELE Turkey Chili Brown Rice Carrots	2 M/MA, 2 WGR Grain, 3/4 Cup R/O Veg	х		х						
KIDS IPM ELE Turkey Fajita Brown Rice Carrots	2 M/MA, 2 WGR Grain, 3/4 Cup R/O Veg	1	1					1		
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9-12 NSLP Meals									
KIDS IPM HS Beef Meatballs Sweet & Sour Rice Green Beans	2 M/MA, 2 WGR Grain, 1 Cup Other Veg	х							
KIDS IPM HS Beef Meatballs BBQ Sauce with Broccoli	2.5 M/MA, 1 Cup D/G Veg	x							
KIDS IPM HS Beef Meatballs, Cheese, Tomato Sauce & Broccoli	2.5 M/MA, 1 Cup DG Veg, 1/4 R/O	x							
KIDS IPM HS Beef Meatballs w/ Cheese, Tomato Sauce, Spaghetti & Broccoli	2.25 M/MA, 2 WGR Grain, 1 Cup DG Veg, 1/4 R/O	x			х				
KIDS IPM HS Chicken & Vegetable Dumplings Mixed Vegetables	2 M/MA, 2 WGR Grain, 1 Cup Other Veg			х	X				х
KIDS IPM HS Chicken Pasta Broccoli Alfredo	2 M/MA, 2 WGR Grain, 1 Cup DG Veg	х			X				
KIDS IPM HS Chicken w/ BBQ Sauce, Brown Rice & Baked Beans	2 M/MA, 2 WGR Grain, 1 Cup Legume Veg								
KIDS IPM HS Chicken Nuggets Baked Beans	2 M/MA, 1 WGR Grain, 1 Cup Legume Veg			х	х				
KIDS IPM HS Chicken Tenders w/ Roasted Potatoes	2 M/MA, 1 WGR Grain, 1 Cup Starchy Veg			х	х				
KIDS IPM HS Chicken w/ Caribbean Pineapple Sauce Brown Rice Green Beans	2 M/MA, 2 WGR Grain, 1 Cup Other Veg								
KIDS IPM HS Edamame Noodle Bowl w/ Blended Vegetables	2 M/MA, 2 WGR Grain, 1 Cup Other Veg			х	х				х
KIDS IPM HS Fajita Chicken Bowl w/ Brown Rice Baked Beans	2 M/MA, 2 WGR Grain, 1 Cup Legume Veg	х							
KIDS IPM HS Falafel Bites Quinoa Pilaf Black Beans & Tomatoes	2 M/MA, 2 WGR Grain, 7/8 Cup Legume Veg, 1/4 R/O				х				
KIDS IPM HS General Tso's Chicken Nuggets w/ Brown Rice & Broccoli	2 M/MA, 2 WGR Grain, 1 Cup DG Veg			х	х				
KIDS IPM HS Jerk Chicken w/ Brown Rice & Black Beans	2 M/MA, 2 WGR Grain, 1 Cup Legume Veg				х				
KIDS IPM HS Latin Style Beans over Rice with Broccoli	2 M/MA, 2 WGR Grain, 1 Cup D/G Veg	х							
KIDS IPM HS Curry Lentil Stew Rice Green Beans	2 M/MA, 2.25WGR Grain, 1 Cup Other Veg								
KIDS IPM HS Chickpea Marinara w/ Cheese & Pasta	2 M/MA, 2 WGR Grain, 1 Cup Legume Veg, 1/4 R/O	х			х		Ì	1	
KIDS IPM HS Macaroni Cheese w/ Broccoli	2 M/MA, 2 WGR Grain, 1 Cup DG Veg	х			х				
KIDS IPM HS Meatloaf w/ Gravy & Mashed Potatoes	2 M/MA, 1 Cup Starchy Veg	х	х	х	х				
KIDS IPM HS Beef Chili Brown Rice Carrots	2 M/MA, 2 WGR Grain, 1 Cup R/O	х		х					
KIDS IPM HS Pasta with Tomato Sauce & Cheese w/ Broccoli	2 M/MA, 2 WGR Grain, 1 Cup DG Veg, 1/4 R/O	х			х				
KIDS IPM HS Protein Pasta Alfredo w/ Peas (meatless-legume based pasta)	3.75 M/MA, 1 Cup Starchy Veg	х			х				
KIDS IPM HS Salisbury Steak w/Gravy & Mashed Potatoes	2 M/MA, 1 Cup Starchy Veg	х		х	х				
KIDS IPM HS Swedish Meatballs w/ Penne Pasta & Broccoli	2 M/MA, 2 WGR Grain, 1 Cup DG Veg	х			х				
KIDS IPM HS Spanish Rice w/ Cheese & Beans	2 M/MA, 2 WGR Grain, 1 Cup Legume Veg	х							
KIDS IPM HS Teriyaki Chicken w/ Brown Rice & Carrots	2 M/MA, 2 WGR Grain, 1 Cup R/O Veg			х	х				
KIDS IPM HS Turkey Chili Brown Rice Carrots	2 .25 M/MA, 2 WGR Grain, 1 Cup R/O Veg	х		х					
KIDS IPM HS Vegetarian Chili with Corn	2 M/MA, 1 Cup Starchy Veg	х							
KIDS IPM HS Turkey Fajita Brown Rice Carrots	2 M/MA, 2 WGR Grain, 1 Cup R/O Veg								
Individually Plated Entrees									
IPE BX 30 Chicken Tamale w/ Spanish Brown Rice and Beans	2 M/MA, 2 WGR Grain			х					
Individually Wrapped Hot Items									
IPP Turkey Hot Dog	2M/MA, 2 WGR Grain			х	х				
IPP Spicy Chicken Sandwich	2M/MA, 3 WGR Grain			х	х				
IPP Chicken Patty WW Bun	2M/MA, 3 WGR Grain			х	х				
IPP Veggie Patty on Bun	2M/MA, 2 WGR Grain	х	х	х	х				
IPP Egg & Cheese Sandwich on English Muffin	2M/MA, 2 WGR Grain	х	х	х	х				
IPP Cheese Sandwich on WW Bread	2M/MA, 2 WGR Grain	х		х	х				
IPP Beef Patty w/ Cheese on Bun	2.5 M/MA, 2 WGR Grain	х		х	х				
IPP Beef Patty on Bun	2M/MA, 2 WGR Grain			х	х				
IPP Stuffed Breadsticks	2M/MA, 2 WGR Grain	х	Х	х	х				
IPP French Bread Pizza	2 M/MA, 2 WGR Grain, 1/8 R/O Veg	х		Х	Х				
Cheese Pizza	2 M/MA, 2 WGR Grain, 1/8 R/O Veg	х		х	х				
Cheese Quesadilla	2 M/MA, 2 WGR Grain	Х		х	Х				
Individually Wrapped Cold Sandwiches									
Sandwich Turkey-Ham American Cheese WW Bread	2M/MA, 2 WGR Grain	Х		х	Х				
Sandwich Turkey Bologna American Cheese WW Bread	2M/MA, 2 WGR Grain	Х		х	Х				
Sandwich Roasted Turkey American Cheese WW Bread	2M/MA, 2 WGR Grain	х		х	х				
Sandwich Grilled Chicken Breast on WW Bun	2 M/MA, 2 WGR Grain			Х	Х				
Sandwich Chicken Salad	2 M/MA, 2 WGR Grain		х	Х	Х				
Sandwich Tuna Salad	2 M/MA, 2 WGR Grain		х	х	Х	х			
Sandwich Egg Salad	2 M/MA, 2 WGR Grain		х	х	х				
Hot Side Vegetables									
Side Dish Roasted Potatoes 3/4 Cup	3/4 Starchy Veg								
Side Dish Baked Beans Salad 3/4 Cup	3/4 Legume Veg								